



HIKE FOR HOSPICE PALLIATIVE CARE IN MISSISSIPPI MILLS, CARLETON PLACE & NORTH LANARK

Dust off your hiking boots, round up some pledges, bring your family, friends and kids, and join Hub Hospice Palliative Care as we Hike for Hospice Palliative Care. A barbeque organized by the Almonte Civitan and an animal petting zoo await you on your walk.

SUNDAY, MAY 6, 2018

Mill of Kintail Conservation Area
2854 Ramsay Concession 8

Registration: 12:30 p.m. to 2:00 p.m.

Hike: 1:00 p.m. to 3:00 p.m.

The hike begins at the historic Mill of Kintail, crosses a wooden bridge over the Indian River and links to a series of woodland trails of varying lengths.

Dogs on leashes are welcome!

For more information visit
www.chpca-acsp.org/hike



Hub Hospice Palliative Care provides home hospice palliative care services in Mississippi Mills, Carleton Place, Pakenham and North Lanark. A registered not-for-profit charity, Hub Hospice works with professional healthcare staff and trained volunteers. The team is able to provide hospice care to clients in any place they call home, including nursing facilities, residential care, assisted living, or at home.

Through supportive programs directed by the client, Hub Hospice staff and volunteers focus on compassionate listening, companionship, emotional support, and the sharing of information and resources. In-home visiting volunteers also provide an opportunity for families and caregivers to rest or undertake activities outside the home. All services offered by Hub Hospice are confidential and free of charge.

For more information, please contact our Hike for Hospice Coordinator.

Tony O'Neill

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www.hubhospice.com



Come hike with us!
SUNDAY, MAY 6, 2018

What's Happening?

This spring, people across Canada will gather pledges and then Hike to raise public awareness for hospice palliative care. This major fundraising initiative will help advance the hospice palliative care initiatives in your local community.

What is Hospice Palliative Care?

Hospice palliative care provides physical, psychological, social, spiritual and practical support to people living with life-threatening illness, their loved ones and the bereaved.

Why Hike?

- 80% of Canadians say they want quality hospice at the end of life, yet less than 15% have access to it.
- Hospice palliative care is currently underfunded and under-recognized.

Team Up!

Form a team and Hike with friends, family or coworkers. Simply designate a team captain, choose a team name and have a ton of fun together!



100% of all funds raised in our community stay in our community!



Canadian Hospice Palliative Care Association
Association canadienne de soins palliatifs



